



ST PAUL'S SCHOOL

Juniors

Sex Education Policy

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Reviewed by:

Authorised by resolution of:

ISI DOC CODE:

Date of last review: July 2016

Date of authorisation: July

2016

Date of next review: July

2017

This policy is available on the Handbook page of the School Intranet and policies page of the School website and can be made available in large print or other accessible format if required; such requests can be made by email to the Chief Operating Officer: OpsDir@stpaulsschool.org.uk.

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1. Aims and Objectives

We recognise that parents are the key people in teaching their children about sex and relationships. We aim to work in partnership with parents and support them in preparing their sons for happy and fulfilled relationships in adult life.

At St Paul's Juniors the aims of Sex and Relationship Education (SRE) are as follows:

- to provide balanced and factual information;
- to enable the boys to make informed decisions and to react appropriately to different situations;
- to encourage the boys to consider the consequences of their actions;
- to encourage the boys to reflect upon their own emotional development;
- to stress the importance of considering the emotions and views of others;
- to emphasise the importance of good communication in relationships;
- to ensure the boys have a clear understanding of the legal framework

We aim to be inclusive in our Sex and Relationship Education. The material will be delivered in a way which takes into account the many different backgrounds and beliefs of the boys, and does not discriminate against a boy's sexual orientation. The inappropriate use of words such as "gay" or "homo" as insults is covered in the Upper First Year syllabus in the module: Use of language and consequences of behaviour on others.

1. The delivery of Sex and Relationship Education at St Paul's Juniors

It is important to emphasise that Sex and Relationship Education is part of a much broader PSHE & Citizenship programme of study in which all aspects of human relationships are explored. Specific sex and relationship education is provided at St Paul's Juniors in the following years:

Year group	Topics	Method of delivery	Delivered by
Autumn Term Upper Second year	<ul style="list-style-type: none">• Structure and explanation of the male and female reproductive system• How and where fertilization occurs• The formation of a baby from embryo to full term• The changes during male and female puberty• Development of secondary sexual characteristics in males and females• Menstrual cycle	Lesson format: Hodder Pupil Book Chapter 4	Science teachers

Summer Term Upper Second Year	<ul style="list-style-type: none"> • physical changes • feelings and emotions • development of self esteem • friendships and relationships 	Lesson format using BBC Active 'Growing Up' DVD and resources from the Christopher Winter Project (CWP) to stimulate discussion.	PSHE & Citizenship teachers*
Autumn Term Upper Third Year	<ul style="list-style-type: none"> • physical, psychological and emotional changes during puberty • the importance of diet, hygiene, sleep and exercise • pornography and safe use of the Internet • homosexuality • emotional wellbeing and the importance of communication 	Workshop and DVD	Julie Johnson (external consultant)

*All teachers delivering these lessons have received sex and relationship delivery training
Parents of the Upper Third Years are invited to attend a workshop entitled 'Managing Adolescence', which is held at a similar time to the pupil workshop.

2. Monitoring and evaluation

Given the nature of Sex and Relationship Education, formal lesson observations are not always appropriate. For this reason, it is imperative that the Head of PSHE is communicating regularly with those delivering the SRE curriculum, to discuss:

- the resources and methods that are used; and their appropriateness and effectiveness;
- the reaction of the boys to the lessons and materials;
- the inclusion of new topics that may need to be covered.

To ensure that all boys receive a uniform programme of study, the scheme of work for Sex and Relationship Education is very thorough and well defined.

To enable us continually to update and improve the quality of our teaching and resources in all targeted year groups, we invite some groups of boys to provide feedback. In addition, we encourage parents to provide us with their feedback, following attendance at our parental workshops.

3. Parental rights

We recognise that parents have the final decision about their sons' Sex and Relationship Education. Some of the topics we discuss may be deemed inappropriate to the background and beliefs of individual parents and their sons. In such cases, we fully respect and uphold the rights of parents to withdraw their sons from aspects of the course. Alternative arrangements will be made for boys in these circumstances: usually, this will involve private study in the library.

At St Paul's Juniors, the Head of PSHE & Citizenship sends a letter in the post in advance of any Sex and Relationship Education being covered in PSHE & Citizenship lessons. This will outline the topics to be covered, the method of delivery and details of the education provider. If parents have any queries or wish to withdraw their son from Sex and Relationship Education, they should contact the Head of PSHE & Citizenship who will then liaise with the boy's form tutor.

The right to withdraw from lessons relates only to Sex and Relationship Education, and not to the teaching of the biological aspects of human growth and reproduction.